

When Children Won't Eat: Picky Eaters versus Problem Feeders

Assessment and Treatment using the SOS Approach to Feeding



PRESENTERS :

Kay A. Toomey, PhD

Erin S. Ross, PhD, CCC-SLP

Lindsay Beckerman, MOT, OTR/L

DATE : 25 – 29 October 2021

TIME : SGT 7 am – 2pm

VENUE : Virtual/Online via Zoom
Video Conferencing

FEES:

SGD 1200 - Early Bird fee (by 30th June 2021, date inclusive)

SGD 1255 - Early Bird fee by Credit Card (by 30th June 2021, date inclusive)

SGD 1300 - Regular fee (from 1st July 2021 onwards, date inclusive)

SGD 1360 - Regular fee by Credit Card (from 1st July 2021 onwards, date inclusive)

Please note that additional fees may apply depending on the mode of payment
and will be solely borne by the applicant.

REGISTRATION :

For queries, email us at info@magicbeans.sg or contact us via WhatsApp +65 8777 3171.

For full details and registration, please visit <http://www.magicbeans.sg/sos-workshop/>



COURSE DESCRIPTION

The Sequential Oral Sensory (SOS) Approach to Feeding workshop is a trans-disciplinary program for assessing and treating children with feeding difficulties and weight/growth problems from birth to 18 years. It integrates posture, sensory, motor, behavioral/learning, medical, and nutritional factors to comprehensively evaluate and manage children with feeding/growth problems.

The 5-day Main Conference is designed for babies, toddlers and small children. Other ages and special populations are covered in the Advanced Workshops.

COURSE OBJECTIVES:

Participants attending will be able to:

- 1 List the seven areas of human function that need to be examined to provide a comprehensive Feeding Assessment.
- 2 Identify at least five of the oral, sensory, motor, cognitive or emotional developmental milestones key to being able to eat well.
- 3 List three reasons why children won't eat, as based on learning theory principles.
- 4 Differentiate classical and operant conditioning principles as applied to resolving feeding problems.
- 5 Identify at least four of the necessary components of an SOS Approach to Feeding program for babies, toddlers and young children in either an individual or group therapy session.
- 6 List all three requirements for building a Food Hierarchy.
- 7 Identify at least one play based strategy for progressing a child up each of the 6 major Steps on the Steps to Eating Hierarchy.

SUITABLE FOR:

Speech Pathologists, Occupational Therapists, Special Educators, Early Intervention Specialists, Nurses, Psychologists, Physicians, Dietitians, Mental Health Workers, other Child Care Providers and Educators.

Training conferences are created for professionals. If parents wish to attend the training workshop, they must be accompanied by the child's therapist.

SPEAKERS' PROFILE



DR. KAY A. TOOMEY

Dr. Kay A. Toomey is a Pediatric Psychologist who has worked with children who don't eat for almost 30 years. She has developed the SOS Approach to Feeding as a family centered program for assessing and treating children with feeding problems. Dr. Toomey speaks nationally and internationally about her approach. Dr. Toomey helped to form The Children's Hospital – Denver's Pediatric Oral Feeding Clinic, as well as the Rose Medical Center's Pediatric Feeding Center. Dr. Toomey co-chaired the Pediatric Therapy Services Department at Rose Medical Center prior to entering private practice. Dr. Toomey acted as the Clinical Director for Toomey & Associates, Inc.'s Feeding Clinic for six years and SOS Feeding Solutions @ STAR for eight years. Dr. Toomey is currently the President of Toomey & Associates, Inc., and acts as a Clinical Consultant to the Feeding Clinic at STAR Institute.

- Unpaid Medical Professional Council Member for Feeding Matters, (formerly P.O.P.S.I.C.L.E.)
- Paid Speaker for Education Resources, Inc.
- Paid Speaker for STAR Institute for Sensory Processing Disorder



DR. ERIN S. ROSS

Dr. Erin Sundseth Ross is a Speech Pathologist with a Doctoral degree in Clinical Sciences – Health Services Research. She completed a two-year post-doctoral training in the Section of Nutrition and is a Clinical Instructor in the School of Medicine, Department of Pediatrics, at the University of Colorado Denver. Dr. Ross has over 25 years of experience working in the NICU within several HealthONE hospitals, and with children when she was at the SOS Feeding Solutions clinic in Denver, Colorado. Dr. Ross is the creator of the SOFFI MethodSM, a feeding program for use in the NICU. She has specialized in the development of feeding skills, and the etiology and treatment of feeding and growth problems in infants and very young children from initial hospitalization through the first 5 years of life.

- Paid Consultant for Nestle Infant Nutrition (Gerber division)
- Unpaid Medical Professional Council Member for Feeding Matters, (formerly P.O.P.S.I.C.L.E.)
- Intellectual Property Owner, SOFFI MethodSM
- Paid Speaker for Education Resources, Inc.
- Paid Speaker for STAR Institute for Sensory Processing Disorder

SPEAKERS' PROFILE

PROGRAM

5 DAY – CONFERENCE COURSE AGENDA



LINDSAY BECKERMAN

Lindsay Beckerman received her Master of Occupational Therapy degree from Ohio State University. She currently works in a private practice with children, teens, and adults with feeding challenges in their home and community as well as Developmental FX, a non-profit clinic supporting children with a wide variety of developmental needs. Prior to this, she worked as a Pediatric Feeding Specialist at SOS Feeding Solutions @ STAR with Dr. Kay Toomey and Dr. Lucy Jane Miller. Lindsay has also worked as a member of a multidisciplinary team with Autism Spectrum Disorders, SPD, emotional/behavioral disorders and feeding problems at a residential facility. Lindsay has completed the STAR Institute's Level 1, Level 2, and Level 3 Intensive Mentorship Programs and is a certified DIR Floortime Provider. She specializes in feeding difficulties in atypical learners, including children and teens with Autism Spectrum Disorders, ADHD, and multisensory processing difficulties. Lindsay also serves as a board member for Charlotte's Day, a non-profit group that helps to provide posturally supportive chairs to children in feeding therapy.

- Paid Speaker for Toomey & Associates, Inc.
- Unpaid Board Member for Charlotte's Day

DAY 1, 25th October 2021 (Monday)

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|-------------------|---|
| 7:00am to 9:00am | I. Introduction <ul style="list-style-type: none">A. Prevalence Data – Feeding ProblemsB. Prevalence Data – Growth ProblemsC. Complexity of Feeding/Eating & the Role of the EnvironmentD. Tenets of SOSE. Top 10 Myths – OverviewF. Appropriate Diagnoses to Use |
| 9:00am to 9:15am | Break |
| 9:15am to 11:15am | II. Feeding Theory & Milestones
– How children learn to and not to eat <ul style="list-style-type: none">A. Learning Theory<ul style="list-style-type: none">1. Feeding Therapy Options2. Learning Video |
| 11:15am to Noon | Lunch – On Your Own |
| Noon to 2:00pm | II. Feeding Theory & Milestones(continued) <ul style="list-style-type: none">B. Myth 1 = BreathingC. Motor Skill Acquisition |
| 2:00pm to 2:15 pm | SOS Test Questions - On Your Own |

DAY 2, 26th October 2021 (Tuesday)

- 7:00am to 9:00am **II. Feeding Theory & Milestones(continued)**
D. Oral-Motor Skills & Developmental Food Continuum
- 9:00am to 9:15am **Break**
- 9:15am to 11:15am **II. Feeding Theory & Milestones(continued)**
E. Sensory Skill Acquisition
F. Understanding the Role of Sensory Processing In Feeding
G. Steps to Eating – Overview
- 11:15am to Noon **Lunch – On Your Own**
- Noon to 2:00pm **II. Feeding Theory & Milestones(continued)**
H. Cognitive Development
I. Psychological Developmental Stages
- 2:00pm to 2:15 pm **SOS Test Questions - On Your Own**

DAY 3, 27th October 2021 (Wednesday)

- 7:00am to 9:00am **III. Treatment/Interventions**
A. General Treatment Strategies
1. Social Role Modeling
2. Structure/Routine
3. The Correct Use of Reinforcement
4. Accessing the Cognitive
B. Food Jags
- 9:00am to 9:15am **Break**
- 9:15am to 11:15am **IV. Assessment of Feeding Problems**
A. Assessment Process
B. Referral Candidates
C. Reasons Children Won't Eat
D. Child Factors
E. Environmental Factors
F. Parent Factors
G. Practice Videos
- 11:15am to Noon **Lunch – On Your Own**
- Noon to 2:00pm **IV. Assessment of Feeding Problems (Continued)**
H. Parents' Experience
- V. The SOS Approach to Feeding – Theoretical Requirements**
A. Systematic Desensitization
B. Cues to Eating
- 2:00pm to 2:15pm **SOS Test Question – On Your Own**

DAY 4, 28th October 2021 (Thursday)

7:00am to 9:00am V. The SOS Approach to Feeding
– Theoretical Requirements (Continued)
C. Language Use

VI. The SOS Approach to Feeding
– Therapy Sessions
A. Therapy Format – Child
I. Room Set-up + Modifications

9:00am to 9:15am Break

9:15am to 11:15am VI. The SOS Approach to Feeding
– Therapy Sessions (Continued)
B. Therapy Format - Child
2. Session Structure & Routine
C. Therapy Format – Parent
D. Modifications Across Settings
E. Sensory Based Problem Solving

11:15am to Noon Lunch – On Your Own

Noon to 2:00pm VI. The SOS Approach to Feeding
– Therapy Sessions (Continued)
F. Progression Across Sessions
G. Graduation Criteria & SOS Data
H. Building a Food Hierarchy
I. Requirements

2:00pm to 2:15pm SOS Test Question – On Your Own

DAY 5, 29th October 2021 (Friday)

7:00am to 9:00am VI. The SOS Approach to Feeding –
Therapy Sessions (Continued)
H. Building a Food Hierarchy - continued
2. Practical Use
3. Practice

9:00am to 9:15am Break

9:15am to 11:15am VI. The SOS Approach to Feeding –
Therapy Sessions (Continued)
I. Hierarchy Strategies
– Moving Children Up the Steps
I. Play techniques per Step

11:15am to Noon Lunch – On Your Own

Noon to 2:00pm VII. Research - The SOS Approach to Feeding
A. Studies

VIII. Managing Other Maladaptive Behaviors
A. Intervention Strategies
– Perseveration & Vomiting
B. Emotion Based Discipline

2:00pm to 2:15 pm SOS Test Questions - On Your Own

Participants are expected to attend the Conference from SGT 7:00am to 2:00pm, Days 1-5, in order to receive their Certificate of Attendance. Participants will miss crucial information needed to correctly use the SOS Approach to Feeding program if they come late or leave the Conference early. Please make arrangements to ensure you do not arrive late or need to leave early on any day. Additional requirements are required for participants to abide by in order to attend this workshop. More details can be found on <http://www.magicbeans.sg/sos-workshop/>