



WALT FRITZ'S  
**FOUNDATIONS**  
IN MYOFASCIAL RELEASE  
**SEMINARS™**

**Foundations in Myofascial Release Seminar  
FOR NECK, VOICE, AND SWALLOWING DISORDERS  
-Auckland, New Zealand-**

**Location: New Zealand College of Massage**

Registration and full details at [www.WaltFritz.com](http://www.WaltFritz.com)

**17-18 August, 2019**

Walt Fritz, PT's Foundations in Myofascial Release Seminar for Neck, Voice, and Swallowing Disorders targets the patient populations of the SLT/SLP and voice professional, as well as other therapists with an interest in treatment to this area. The seminar is 14.5 contact hours with the science behind myofascial release and manual therapies examined, with a simple yet comprehensive narrative built and used throughout the class. Principles of manual therapy are introduced and reinforced through guided and assisted instruction, all in the context of a patient-directed model of care. Therapists with no manual therapy experience will find the class supports them through learning, while those with previous experience will find Walt's approach introduces further meaning to existing models of care. Using a simple means of touch-based evaluation and treatment, you will work your way through the diaphragm and chest wall, into the anterior neck region, and finally the mouth, tongue, and face, all while applying strategies to improve conditions of dysphagia, dysphonia, globus, articulation, and many other commonly encountered problem areas. Additionally, attention will be given to areas where vocal performance may be addressed. Not necessarily intended only as a stand-alone intervention, myofascial release and manual therapy can be a valuable adjunct to your existing treatment strategies.

After completion of this seminar the therapist will be able to understand and immediately apply the principles presented in the evaluation and treatment of a multitude of voice, swallowing and many related disorders. Open to SLPs/SLTs, voice professionals, physiotherapists, massage therapist, occupational therapists, and other health professionals.

Walt Fritz, PT has taught his work to hundreds of speech-language pathologists, voice, professionals, as well as MTs, PT, and OTs across the United States, Australia, Taiwan, the UK, and Hong Kong and is a course-content expert. His approach to manual therapy in the treatment of voice, swallowing, neck, and related issues facing is supported by a robust reference list of current evidence, as well as through the experiential feedback of the many hundreds of professionals who have taken his seminar. is easily implemented into clinical practice immediately following the completion of the seminar. He offers a comprehensive support mechanism after the completion of the seminar through a special Facebook group which contains all of the hands-on seminar content preserved in video format and available free on the group. The group also serves as a central meeting place for questions, feedback, and interaction with other professionals who have taken his training.

**New Zealand Speech-Language Therapists' Association Members will receive a 10% discount. Early registration discounts also apply.**

Full details at [www.WaltFritz.com](http://www.WaltFritz.com) and <https://www.massagecollege.ac.nz/walt-fritz/>.

Seminar location:

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# Neck, Voice, and Swallowing Disorders