VPI UPDATE SEMINAR IX
FOR SPEECH LANGUAGE THERAPISTS

A TWO DAY PROFESSIONAL DEVELOPMENT SEMINAR
ON CLEFT PALATE SPEECH AND
VELOPHARYNGEAL INSUFFICIENCY (VPI)

NOVEMBER 26-27, 2018
KO AWATEA CENTRE, MIDDLEMORE HOSPITAL,
AUCKLAND

Register using this QR code or the link below:
Welcome

On behalf of the Cleft Palate Team at Middlemore Hospital in Auckland, and in conjunction with our colleagues at The Children’s Hospital at Westmead in Sydney, Australia, I would like to invite you to participate in the ninth VPI Update Seminar, to be held on 26-27 November, 2018.

The VPI Update Seminar is a very popular and exciting two-day professional development event designed specifically for Speech Language Therapists. Based in Sydney, the seminar has been run on eight previous occasions, including in 2013 in Auckland (the first time the seminar had left Australia). Now, some five years later, we are very excited that the seminar is back on New Zealand soil!

The VPI Update Seminar is widely regarded as the premier local event for the continuing education of Speech Language Therapists in the important clinical areas of cleft palate speech and velopharyngeal insufficiency (VPI).

Velopharyngeal Insufficiency (VPI)

As the title of the seminar suggests, this programme will address, in detail, the common assessment parameters associated with cleft palate speech and VPI, including hypernasality, hyponasality, nasal emission and nasal turbulence. We will also be targeting the associated articulation and phonology disorders typically seen in children affected by cleft palate and VPI. So if you have ever wondered why your Cleft Palate Clinic Team has recommended speech therapy for the child who has ‘hypernasality’ just on the / s / and / z / sounds, then by the end of the seminar you will know exactly why this disorder is actually not hypernasality at all - and more importantly, you will know how to treat this problem easily.

Therapy!

We know that the Speech Language Therapists who attended the VPI Update Seminar in 2013 all thoroughly enjoyed the experience. While the low registration price, the prizes that we give away, and the opportunity to hear national and international experts are big drawcards - it is the actual speech therapy advice that most impressed the Speech Language Therapists who attended. After all, this is a seminar “for Speech Language Therapists”. As such, we are not aiming to turn you into experts in VPI - but we do want to give you a range of practical treatment techniques and ideas for speech therapy from a number of experienced Speech Language Therapists who work in this clinical area. And as you will see, many of these techniques are useful for other areas of speech therapy.

Keynote Speaker

We are delighted to announce that this year’s keynote speaker is Lynn Marty Grames. Lynn is a Speech Language Therapist from the Cleft Palate and Craniofacial Institute at St. Louis Children’s Hospital in Missouri, USA. Lynn has more than 30 years’ experience in the treatment of children with cleft palate speech and VPI and is known for her practical approach to speech therapy. Lynn has also developed an internationally recognised collaborative care programme for community Speech Language Therapists that engage them to participate not only in the assessment of their patients, but more importantly, in the delivery of therapy.

International Invited Speakers

In keeping with this therapy focus, this year’s four other international speakers are all experienced in providing speech therapy to children with cleft palate speech and VPI. Helen Morris from the Cleft Palate Clinic Team at The Lady Cilento Children’s Hospital in Brisbane; Jana Carr from John Hunter Children’s Hospital in Newcastle; Anna Cronin from Charles Sturt University and David Fitzsimons from The Children’s Hospital at Westmead in Sydney, will all be attending the seminar in person to share their experiences and their expertise.
Local Expertise

To complement the international expertise from the USA and Australia, we are also excited to have Speech Language Therapists from our local Cleft Palate Teams heavily involved in the seminar. These therapists, including Maeve Morrison from Middlemore Hospital in Auckland (who will be participating in her ninth consecutive VPI Update Seminar); Akshat Shah, also from Middlemore Hospital; and Bryony Forde, from the Cleft Palate Team in Lower Hutt, are all equally experienced in the assessment and therapy for children with cleft palate speech and VPI.

Keeping Down the Cost of Continuing Professional Development

As convenor of the VPI Update Seminar, David Fitzsimons has always been very committed to keeping the costs of the VPI Update Seminar each year as low as possible, and this year is certainly no different. We appreciate that professional development for Speech Language Therapists can be, and typically is, very expensive, and we have no intention of pricing the seminar out of the reach of any Speech Language Therapist. The registration fee for the entire two-day programme is only AUD$ 130 or AUD$ 80 for those who attended the 2013 seminar.

Registration

Registration for VPI Update Seminar IX is now open, and this year, we are using the same online ticketing agency, Sticky Tickets, as used by The Children’s Hospital at Westmead in Sydney.

Please note that because Sticky Tickets is based in Australia, when you register online for the VPI Update Seminar, the registration fee is in Australian Dollars and will be converted to NZ dollars by your bank.

To ensure that the New Zealand Speech Language Therapists are not disadvantaged by paying in Australian Dollars, The Children’s Hospital at Westmead has reduced the registration fee for VPI Update Seminar IX compared to what the SLTs in Australia usually pay.

Australian SLT Registration Fee: AUD $ 165
New Zealand SLT Registration Fee: AUD $ 130

Please note that your bank may still charge you a small international transaction fee.

To register for the seminar, you can either follow the link below or use your smart phone to ‘read’ the QR code at the top of this page:


If you are a returning Speech Language Therapist, please add the code BeenBefore to your online registration to receive your discount.

If you have any trouble registering, please contact David Fitzsimons, or Maeve Morrison at the details below:

Mr David Fitzsimons
Speech Pathologist
The Cleft Palate and Craniofacial Clinics
The Children's Hospital at Westmead
T: +61 2 9845 2079
E: david.fitzsimons@health.nsw.gov.au

or

Mrs Maeve Morrison
Speech Language Therapist
The Cleft Palate Clinic
Middlemore Hospital
T: +64 9 276 0044 ext. 57029
E: maeve.morrison@middlemore.co.nz

We would encourage all Speech Language Therapists who are interested in attending, to register as soon as possible, and also take the time to read the “Additional Information” and “Frequently Asked Questions (FAQ)” section of this brochure.

Please complete your registration form as soon as possible to reserve your place and we look forward to seeing you for what will be a practical, interactive and fun educational experience.

David Fitzsimons
Speech Pathologist
The Children’s Hospital at Westmead
**ADDITIONAL INFORMATION**

**Seminar Location**
The VPI Update Seminar will again be held at the Ko Awatea Centre in the grounds of Middlemore Hospital:

*Ko Awatea Centre*  
54/100 Hospital Rd,  
Middlemore Hospital  
Auckland 2025

**Parking**
Parking is available around Ko Awatea and Middlemore Hospital for approximately $20.40 per day. The back page of this brochure includes a map of the car parks in the Middlemore precinct. Parking areas C and D are nearest to Ko Awatea. There is free street parking available within a 15 minute walk to Ko Awatea.

**Train**
Middlemore train station (pictured below) is located at the entrance of Middlemore Hospital. For train timetables, please visit the Auckland Transit Journey Planner website at: [https://at.govt.nz/bus-train-ferry/journey-planner/](https://at.govt.nz/bus-train-ferry/journey-planner/).

**FREQUENTLY ASKED QUESTIONS (FAQs)**

**Can I share my attendance with another person?**
No. The seminar is designed as a two-day event and the programme order may change at short notice. To get the most benefit from the seminar, participants should attend on both days.

**Will lunch be provided during the seminar?**
The registration price for the seminar will include morning and afternoon tea, but unfortunately lunch is not provided. There are a number of locations in and around Ko Awatea and Middlemore Hospital where attendees can purchase lunch for much less than the cost of having lunch catered.

**Why does the registration fee need to be in Australian Dollars?**
The Cleft Palate Clinic at The Children’s Hospital at Westmead, in Sydney, Australia is funding the entire costs of the seminar, including paying for the international speakers’ airfares and accommodation costs while in New Zealand. To ensure that Westmead has access to the funds to pay these costs, we have kept the registration in Australian dollars through the Australian-based Sticky Tickets site. Please note that Speech Language Therapists in New Zealand are not paying as high a rate as our colleagues in Australia in an attempt to reduce Speech Language Therapists’ costs from any exchange rate or international conversion fee.

**There are FIVE International Speakers and THREE local speakers attending this conference. Why is it so cheap?**
When the first VPI Update Seminar was held in Sydney in 2005, David Fitzsimons and Maeve Morrison agreed that the event would NOT be run primarily as a fund-raising event - rather, it would be an affordable educational seminar designed specifically for Speech Language Therapists. We see this seminar as an investment in your education and we have no intention of making you pay any more than is needed to cover our costs. Our speakers have also contributed to this cost with no speaker receiving any honorarium or additional funding, and all speakers are flying economy class into Auckland - so please support them with your registration, as they are supporting you!

**Can I/we record the seminar for our colleagues who are unable to attend?**
Unfortunately not. To enhance the presentations, speakers will be showing video recordings of individual (and identifiable) patients. The children’s parents have been informed that the seminar will not be recorded.
Invited Speakers

**Lynn Marty Grames**

Lynn Marty Grames has served as a Speech-Language Pathologist with the Cleft Palate and Craniofacial Institute at St. Louis Children’s Hospital for more than 30 years. Lynn is a member of the American Speech Language Hearing Association and has served as coordinator for the Association’s Craniofacial and Velopharyngeal Disorders Special Interest Group. She is also a member of the American Cleft Palate and Craniofacial Association and is a peer reviewer for journals of both organizations. She teaches at Saint Louis University in Communication Sciences and Disorders and the Orthodontics departments and has lectured nationally and internationally in evaluation and treatment related to cleft palate and various craniofacial disorders. With her colleague Mary Blount Stahl, she developed the Collaborative Care continuing education program in cleft palate and craniofacial disorders which has been adopted by craniofacial centres across the USA.

**Helen Morris**

Helen Morris is a Speech Pathologist who has worked in the areas of cleft palate and craniofacial anomalies since 1984, initially at the Royal Children’s Hospital in Brisbane, Australia and since 2014 at Lady Cilento Children’s Hospital (currently renamed as Queensland Children’s Hospital), also in Brisbane. Helen has a strong interest in the language and literacy development of children with cleft palate as well as instrumental assessment of velopharyngeal dysfunction using nasendoscopy and the outcomes of surgical management of VPD. Helen is also involved in ongoing research in the outcomes of these children in the areas of speech production, language and literacy. She currently provides assessment, therapy and consultative services to children in Australia across the states of QLD and northern NSW who attend the cleft services in Queensland.

**Maeve Morrison**

Maeve Morrison is a specialist Speech-Language Therapist with the Cleft Lip and Palate team based at Middlemore Hospital in Auckland, New Zealand. Maeve has over 20 years experience specialising in the management of children with cleft lip and palate and velopharyngeal impairment (VPI) and has a particular interest in the communication disorders seen in children with the 22q11.2 deletion syndrome. Maeve has led the speech section of the New Zealand Cleft Clinical Outcomes Audit over the last 3 years. This is part of the ANZCleft Speech Pathology Clinical Outcomes Audit. Maeve is a graduate from Manchester University and also holds a post graduate qualification in cleft palate speech from Cambridge, United Kingdom. Maeve teaches the undergraduate craniofacial/cleft palate course at Massey University Albany and the postgraduate course at Auckland University.

**Bryony Forde**

Bryony Forde has been the Speech Language Therapist for the Wellington Regional Cleft Palate Team for over seven years. She manages the speech of the region’s cleft population, providing assessment and diagnostic therapy for cleft lip +/- palate, and velopharyngeal disorders. She plays a consultative role for families/whanau and community speech therapists for both feeding and speech issues. A Scottish Speech Language Therapist, Bryony has worked across a range of settings including Health, Research, Education and Disability in both the UK and NZ. Bryony’s current projects include working with audiology to optimally manage young children with conductive hearing loss and cleft palate; working with the local Ministry of Education team to support community SLTs to provide effective services for this unique population (providing education workshops and regular consultations for therapists). She contributed to the speech section of the New Zealand Cleft Clinical Outcomes Audit over the last 3 years; part of the ANZCleft Speech Pathology Clinical Outcomes Audit.
Akshat Shah

Akshat Shah is a specialist Speech-Language Therapist with the Cleft Lip and Palate team based at Middlemore Hospital in Auckland, New Zealand. Akshat’s background is in a community based SLT role, and joined the Cleft Team four years ago. He is a graduate from Massey University and recently completed his Masters in Science (Speech Science) from The University of Auckland on upskilling community based SLTs in cleft speech and palate disorders. He has a strong interest in facilitating a collaborative approach between specialist SLTs, community SLTs, and the families they support. He also has an interest in raising the profile of speech therapy in the wider community. He has undertaken research projects in speech outcomes following a novel speech surgery technique, and on the benefits of electropalatography in cleft speech disorder. In 2017 he travelled to cleft centres in the UK and Scandinavia to learn about various speech therapy interventions and approaches.

Jana Carr

Jana Carr is a Speech Pathologist specialising in the assessment and management of children with cleft palate and velopharyngeal insufficiency, and in paediatric dysphagia. She has been a member of the Cleft Palate Team at John Hunter Children’s Hospital, in Newcastle NSW, for 18 years. During this time, she has worked on a number of projects to improve clinical outcomes, including the creation of a website to support speech pathologists working with children with cleft palate (http://www.nchn.org.au/cleft/index.htm). Jana has a special interest in exploring new ways of delivering clinical services to her patients, including outreach and telehealth clinics. Jana provides lectures to Speech Pathology students and Medical students at The University of Newcastle in the area of cleft palate. She is a member of the Australasian Cleft Lip and Palate Association and The American Cleft Palate-Craniofacial Association.

Anna Cronin

Anna Cronin is a Speech Pathologist who has worked in the Cleft Palate Clinic at The Children’s Hospital at Westmead, in Sydney, Australia. Anna has a particular interest in the early speech and language patterns in infants and toddlers with a history of cleft palate. Anna received a Winston Churchill Memorial Trust Fellowship, which provided her with a scholarship to meet with international experts regarding best practices for toddlers with cleft palate. Anna is currently a PhD student at Charles Sturt University in Australia, researching family-centred practice in children with cleft lip and palate.

David Fitzsimons

David Fitzsimons is a Clinical Specialist Speech Pathologist from The Children’s Hospital at Westmead in Sydney. He is the lead clinician on the Hospital’s Cleft Palate Team and is highly experienced in the perceptual assessment of cleft palate speech as well as the objective assessment of velopharyngeal insufficiency (VPI) with over 23 years of experience.

David has been the convenor of the VPI Update Seminar since 2005. David is a past president of the Australasian Cleft Lip and Palate Association (ACLAPA) and past Chairman of the Australasian Cleft Lip and Palate Education Fund. He is an active member of the American Cleft Palate-Craniofacial Association (ACPA) and has been an invited speaker to the ACPA conference on numerous occasions.

David has recently submitted his doctoral thesis through the Faculty of Medicine at The University of Sydney focussed on the development of a new perceptual speech assessment of VPI in children.
VPI UPDATE SEMINAR IX
26-27 November 2018

PROGRAMME: MONDAY NOVEMBER 26, 2018*

08:00 - 08:30  Registration

08:30 - 08:35  Opening and Welcome
Maeve Morrison, Speech Language Therapist, Middlemore Hospital, Auckland, New Zealand

08:35 - 08:40  Housekeeping
Maeve Morrison, Speech Language Therapist, Middlemore Hospital, Auckland, New Zealand

08:40 - 09:00  Introduction and Overview
David Fitzsimons, Speech Pathologist, The Children’s Hospital at Westmead

09:00 - 09:30  Cleft Lip and Palate and Related Craniofacial Anomalies
Lynn Marty Grames, Speech-Language Pathologist, St Louis Children’s Hospital, Missouri, USA

09:30 - 10:00  Cleft Palate Speech Assessment: Overview
David Fitzsimons, Speech Pathologist, The Children’s Hospital at Westmead

10:00 - 10:30  ENT Surgery for Speech Language Therapists
Dr Graeme Van Der Meer, Ear, Nose and Throat Surgeon, Middlemore Hospital

10:30 - 10:50  Morning Tea

10:50 - 12:30  Cleft Palate Speech Assessment: Resonance and Abnormal Nasal Airflow
Lynn Marty Grames, Speech-Language Pathologist, St Louis Children’s Hospital, Missouri, USA
Helen Morris, Speech Pathologist, Lady Cilento Children’s Hospital, Brisbane
Maeve Morrison, Speech Language Therapist, Middlemore Hospital, Auckland, New Zealand
Bryony Forde, Speech Language Therapist, Lower Hutt, New Zealand
Akshat Shah, Speech Language Therapist, Middlemore Hospital, Auckland, New Zealand
Jana Carr, Speech Pathologist, John Hunter Children’s Hospital, Newcastle
David Fitzsimons, Speech Pathologist, The Children’s Hospital at Westmead

12:30 - 01:30  Lunch

01:30 - 03:00  Cleft Palate Speech Assessment: Articulation and Phonology
Lynn Marty Grames, Speech-Language Pathologist, St Louis Children’s Hospital, Missouri, USA
Helen Morris, Speech Pathologist, Lady Cilento Children’s Hospital, Brisbane
Maeve Morrison, Speech Language Therapist, Middlemore Hospital, Auckland, New Zealand
Bryony Forde, Speech Language Therapist, Lower Hutt, New Zealand
Akshat Shah, Speech Language Therapist, Middlemore Hospital, Auckland, New Zealand
Jana Carr, Speech Pathologist, John Hunter Children’s Hospital, Newcastle
David Fitzsimons, Speech Pathologist, The Children’s Hospital at Westmead

03:00 - 03:20  Afternoon Tea

03:20 - 03:50  Surgical Intervention for Cleft Palate and Velopharyngeal Insufficiency (VPI)
Dr Glenn Bartlett, Plastic Surgeon, Cleft Palate Clinic, Middlemore Hospital

03:50 - 04:20  VPI in children with Neurofibromatosis Type I
David Fitzsimons, The Children’s Hospital at Westmead

04:20 - 05:00  Panel / Quiz (and prizes)

* The order of programme items may change between the two days of the seminar
PROGRAMME: TUESDAY NOVEMBER 27, 2018*

08:00 - 08:30   Meet the Speakers

08:30 - 08:40   Review of Day 1
David Fitzsimons, Speech Pathologist, The Children's Hospital at Westmead

08:40 - 09:00   The Interdisciplinary Cleft Palate Team
Megan Sanders, Cleft Palate Clinical Nurse Specialist

09:00 - 09:30   Feeding Infants with Cleft Lip and Palate
Jana Carr, Speech Pathologist, John Hunter Children's Hospital, Newcastle

09:30 - 10:30   Speech Therapy for Cleft Palate Speech
Lynn Marty Grames, Speech-Language Pathologist, St Louis Children's Hospital, Missouri, USA

10:30 - 10:50   Morning Tea

10:50 - 12:00   Cleft Palate Speech Therapy: The Brisbane Approach
Helen Morris, Lady Cilento Children's Hospital, Brisbane

12:00 - 01:00   Collaborative Care Programme for Speech Pathologists
Lynn Marty Grames, Speech-Language Pathologist, St Louis Children's Hospital, Missouri, USA

01:00 - 02:00   Lunch

02:00 - 02:20   Collaborative Care: Speech Language Therapists and Audiologists
Bryony Forde, Speech Language Therapist, Lower Hutt, New Zealand

02:20 - 02:40   Nosey Speech: Training Speech Language Therapist in Cleft Palate Speech Disorders
Akshat Shah, Speech Language Therapist, Middlemore Hospital, Auckland, New Zealand

02:40 - 03:00   Early Speech and Language Considerations in Infants and Toddlers with Cleft Palate
Anna Cronin, Speech Pathologist, Charles Sturt University

03:00 - 03:30   Speech Therapy for Phoneme-Specific VPD: The Westmead Hierarchy
David Fitzsimons, Speech Pathologist, The Children's Hospital at Westmead

03:30 - 03:50   Afternoon Tea

03:50 - 04:30   Additional Speech Therapy Planning
Lynn Marty Grames, Speech-Language Pathologist, St Louis Children's Hospital, Missouri, USA
Helen Morris, Speech Pathologist, Lady Cilento Children's Hospital, Brisbane
Maeve Morrison, Speech Language Therapist, Middlemore Hospital, Auckland, New Zealand
Bryony Forde, Speech Language Therapist, Lower Hutt, New Zealand
Akshat Shah, Speech Language Therapist, Middlemore Hospital, Auckland, New Zealand
Jana Carr, Speech Pathologist, John Hunter Children's Hospital, Newcastle
Anna Cronin, Speech Pathologist, Charles Sturt University
David Fitzsimons, Speech Pathologist, The Children's Hospital at Westmead

04:30 - 05:00   Panel / Quiz (and prizes)

VPI Update Seminars

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VPI UPDATE SEMINAR IX
26-27 November 2018

Middlemore Guide

Rainbow Corridor

Car parks

PARKING FEES
2pm - 8pm first 30 minutes are FREE
Other times first 15 minutes are FREE
If you stay longer, the following fees apply:
- < 1 hour $4.00
- 1 - 2 hours $6.20
- 2 - 3 hours $12.20
- 3 - 4 hours $16.40
- > 4 hours $20.40

Bus

Taxi

Train

Main Reception

Cashier ♦ Spiritual Centre (Main Gate 1)

Emergency

Emergency + all ages (on Hospital Road)

Kidz First

Children’s Hospital (South Gate 2)

BUILDING SERVICES

1 Galbraith
Radiology ♦ Birthing ♦ Maternity ♦ Gynaecare ♦ Early Pregnancy ♦ Wound Care ♦ Manchester Suite
Galbraith Infusion Centre

2 Bray
Bereavement Care ♦ Middlemore Foundation

3 Scott
Wards 1 - 11 ♦ Coronary Care ♦ Cardiac Catheter Laboratory ♦ Cardiac Step-down ♦ Oral Health

4 McIndoe via Scott
National Burn Centre ♦ Middlemore Central ♦ Staff Centre

5 Harley Gray
Critical Care ♦ Neonatal Care ♦ Operating Theatres ♦ Medical Assessment

6 Edmund Hillary
Wards 31 - 35 ♦ Koropiko ♦ Haematology ♦ Gastroenterology ♦ Cardiac Investigation ♦ Discharge Lounge

7 Poutasi Link
Eligibility ♦ Car parking

8 Ko Awatea
Ko Awatea Centre

9 Esmé Green
Middlemore Clinical Trials ♦ University of Auckland ♦ M.I.T. ♦ A.U.T.