

## Supervision is Mandatory for All Registered NZSTA Members

**In Aotearoa, professional supervision is a culturally safe, relational, structured and confidential, process that supports your development, competence, and wellbeing as a speech-language therapist. Supervision is an ethical obligation that ensures the safety of the people we work with.**

### What supervision is:

- A protected, safe and formal space to reflect on your practice, both the successes and challenges.
- A process that supports culturally safe, ethical, and high-quality service delivery.
- A professional obligation throughout your career.
- A process supported by an agreement/contract/discussion that outlines aspects of the supervision relationship that relate to ethics (for example, confidentiality and competence) and logistics (for example, documentation, structure, time and place of supervision).
- A culturally safe relationship that supports your learning, career development and growth in resilience.

### Supervision is not:

- Line management or performance review.
- Team meetings, case discussions or in-service training.
- Requesting a second opinion.
- Casual chats with colleagues.


You must undertake at least **four one-hour supervision sessions per calendar year**. This is a **mandatory requirement** under the [NZSTA CPD Framework](#).

### CPD Log Recording:

- If you are the **supervisee**, code to the category, **Participating in Supervision** and the area of **Supervision (as supervisee only)** (2 CPD units per hour).
- If you are the **supervisor**, code to the category, **Providing Supervision** and the area of **General CPD activity** (1 CPD unit per hour).
- **For peer supervision**, enter both roles separately allotting the appropriate timings and note the dates.

- **New to Supervision?**

We strongly recommend you complete some supervision training:

- See the resources and supervision courses on our [website](#).
-  Remember: It is your responsibility to meet this requirement, regardless of what your workplace offers.

For more information, refer to the [NZSTA Supervision Position Statement](#) or contact us at [admin@speechtherapy.org.nz](mailto:admin@speechtherapy.org.nz).

**Note: Supervision of students:**

**The university programmes provide training for taking on the clinical supervision of students**