

communication matters

EBP Grammar Cuing

SMITH-LOCK, LEITAO, PRIOR & NICKELS (2015)

child is 
correct

non-specific
feedback
nice one

Model
nice!

child is 
incorrect

Request Repetition
pardon?

Repeat back error
with questioning
intonation mouses?

Forced Choice
mouses or mice?

model + request
imitation
say "mice"

Speech Language Illustrated

Evidence based literacy intervention

Cochlear implant (re)habilitation • New expert advisers

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Cover: Elizabeth Knowles, Speech Language Illustrated, www.speechlanguageillustrated.co.nz

Please contact the editor with your ideas at any time and we will endeavour to accommodate them in the next edition.
Send to editor@speechtherapy.org.nz

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Articles may be edited.

From the president Nā te tumuaki

Annette Rotherham president@speechtherapy.org.nz



The NZSTA is tracking to an exciting and positive future. Our vision statement "A thriving profession, working in partnership to enhance lives" is a wonderful vision and from the feedback we received from the member survey, we feel we are definitely thriving.

The board is strong and dynamic and I have every trust in the team we have in 2020. We met on Saturday 29 February, in Wellington, to set our priorities and goals for the next 5 years. We also considered how our profession may look in 10–20 years. Much was shared and we were energised for the future. We reflected on the importance of trust, how we have to trust each other in our teams otherwise we would never move forward. Rukingi talked about how he

has learnt to trust us as a team and has put his faith in the mahi and shared vision we have to improve outcomes for Māori in Aotearoa. Now a huge advocate for speech-language therapy, he promotes the profession at every opportunity.

2020 started strongly, as we welcomed Katrina McGarr to the Māori and Cultural development portfolio and Shannon Hennig to the Communications portfolio. Their mahi is already evident with some meaningful achievements. Implementation of our Bicultural plan is well under way with Kaumatua Rukingi attending the orientation ceremony for the Canterbury University BSLP and MSLP Programmes. There was whakawhanaungatanga with Katrina, students and staff. NZSTA are aiming to bring a real focus to the needs

and well being of our SLTs who identify as Māori as well providing awahi for our pasifika SLTs as well. Please do reach out to Rukingi and Katrina and kōrero with us.

Shannon has told us in emails about media coverage, government submissions and any other important news. Shannon also co-ordinated an excellent submission to the Ministry of Education around the importance of speech language therapy and the needs of tamariki with the Education and Training Bill (number 193-1). A copy of this submission is available on the website. Through the recent regional meetings, I circulated processes for communications with our admin team, board and regional representatives. We value your feedback and especially ideas and contributions for solutions to any issues.

Finally, huge thanks to Karen Watson, who so capably edited our magazine over the past couple of years. We appreciated her attention to detail and her commitment to quality, and we wish her all the best for her next endeavours.

As we head into the next decade, keep connected – to our profession and to your communities – keep making a difference.

Ngā mihi mahana

Annette



NZSTA Board at February strategic planning in Wellington.

Left to right: Rukingi Haupapa, Katrina McGarr, Annette Rotherham, Shannon Hennig, Anna Miles, Jodi White, Claire Winward.



NZSTA Calendar

Some of our recent
Association happenings
at a glance...



FEB

Rukingi, our kaumatua, attended the orientation of the **new intake of speech-language therapy students** at Canterbury University in February.



FEB

The board undertook **strategic planning** over a weekend meeting in late February, and will have lots more to feedback about this as the year rolls on.

Sally Kedge, Talking Trouble, represented NZSTA at **Access Alliance People's Choice Accessibility Awards for Business**, 21 Feb, in Auckland. Winners were recognised by the Minister for Disability Issues, the Hon. Carmel Sepuloni.

FEB



FEB

Hui was held with the stroke rehabilitation services at Burwood Hospital, Canterbury District Health Board, attended by Rukingi, Katrina and Annette.



FEB

Liz Doell, from Massey University, participated in **Building on Success for All, Ministry of Education hui** working on the Education Learning Support Action Plan.



MAR

Allied Health Aotearoa New Zealand (AHANZ) held their **AGM and members meeting** on 11 March. Our members were represented in this multidisciplinary forum by Annette.



AUG

Our conference in Christchurch continues to shape, under the expert mahi of Conference Convenor – Julianne Johns; Scientific Programme Chair – Toby McCrae; and Sharon Broadmore, Kate Cook, Naomi Grigg and Ruth Ramsay. Conference Manager – Pamela Richards – **pam@prcc.com.au**.

Week of action

7–13 September 2020

We are looking to building on the great work of past years and need volunteers to help make 2020 even better. If you want to help with print and digital resources, media contacts, developing events in your regions, and other projects, let us know by emailing communications@speechtherapy.org.nz.

The goals of our week of action are to increase awareness of our profession, encourage people from all backgrounds to consider our profession, improve the public's knowledge of communication accessibility, and to advocate for the rights of all New Zealanders living with communication and swallowing disabilities.

We support these goals year around, however September 7–13th is a chance to connect and create some additional buzz around our great work and ongoing goals. This event depends on all of us and so if you are interested, do reach out!

Elizabeth Knowles of www.speechlanguageillustrated.co.nz is kindly creating one of her beautiful illustrations for the cover for the awareness week issue. We would



like to create four portraits in a grid of SLTs working in different areas (such as hospital, Ministry of Education, private practice with adults or children, adult disability etc).

We would love to see your own “candid” shots from their work for Elizabeth to illustrate. If clients are in the photos Elizabeth can maintain their privacy by significantly completely changing what they look like, but keeping the integrity of their pose in the image. ●

Please forward your images to editor@speechtherapy.org.nz.

Waiata

Are you ready for #NZSTA2020?

We are really looking forward to connecting in Christchurch at our biannual conference. The conference theme is *ground – aspiring – connected*. We are all aspiring to be even more connected and to keep moving towards a more bicultural association.

With this in mind, we would love for everyone to arrive feeling confident to sing along with our association's two waiata. Both *Tōnā reo* and *Kōrero* can be listened to on our youtube channel, with subtitles to help learn the words.

The first waiata includes the word *awhi* which carries many meanings. It can mean a hug, support, to give someone an encouraging pull or push, and to help guide someone from where they are to another stage in their journey. ●

For more information on the conference, the conference website is here speechtherapy.org.nz/info-for-slts/nzsta-2020-conference/



Dear Friend: A letter to my speech-language therapist

Ten years ago, I had a nasty car accident and sustained a severe brain injury. Reflecting on my rehabilitation journey these are my several top tips I would like to pass on to speech-language therapists.

1

When we're in Intensive Care, speak to us like we are here and with you – like we're just asleep. We might not respond but ask our opinion on things just in case we're listening.

2

Don't nanny us – give us time to make our own decisions. We are thinking but our thought processes might take longer. Be patient with us!!!

3

Try not to be too intense – use humour and make light conversation. Make it interesting and fun.



4

Support me rather than totally contribute for me and dive ahead of me – give me time to get there.

5

Include me in conversations and decisions – I may not be able to respond straight away but I'm listening, and it is sinking in.

6

Think of the positives I can contribute rather than the negatives – Don't give up hope. •

Tremendous thanks to Blair, and to MaryBeth Williams from Focus on Potential for this contribution. MaryBeth can be contacted at marybeth.williams@focusonpotential.com

We would like this to be a regular editorial in our magazine. We would love to hear from any of our service users. Please contact editor@speechtherapy.org.nz if you can help.

A fully accessible Aotearoa

Sally Kedge, Speech-language Therapist and court-appointed Communication Assistant, RMNZSTA (registered member of NZSTA), Director/Coordinator of Talking Trouble Aotearoa NZ, www.talkingtroublenz.org

The Access Alliance wants Aotearoa NZ to be fully accessible. To showcase examples of excellence, they held the inaugural People's Choice Access Awards held at the Sudima Hotels on Friday, 21 February 2020 (Sudima was one of the nominees and has previously earned Silver and Bronze status in the Be.Welcome assessment programme).

The aim of the Access Alliance is to bring about law change in 2020 that will require Aotearoa NZ to have in place accessibility legislation in so it was fitting that Hon. Carmen Sepuloni, Minister for Social Development and Disability issues attended the Awards event with other Ministers and MPs. Congratulations to the winners in the seven categories.

These winners spanned a diverse range of organisations and businesses and we heard from those who won the various categories either in person or via a short video who talked about the ways they address accessibility.

Those presenting each award talked about their own experiences of accessibility and when it has not been in place. The event was superbly chaired by Amy Hogan, from The Cerebral Palsy Society of New Zealand.

Before the awards began I talked with a range of people who are passionate about what the Access Alliance are working on. One person expressed concern that the positive changes that have been achieved



Photo credit: Low Vision New Zealand

might be snatched away if legislation does not require accessibility to be mandatory.

At my table were people whose interests in this topic were varied:

- parents wanted employment opportunities for their adult children who have disabilities
- families wanted accessible toilets, public buildings and transport in place so they could be out and about in the community
- a couple needed housing that they could get in and out of easily and that was set up for their needs
- a parent wanted those who educated her child to understand how to communicate with him effectively.

From a speech-language therapy perspective, it was particularly fantastic to hear one of the winners talk about communication being a 'human right'. So true. ●

Sally Kedge

Access Alliance People's Choice award winners:



Best Accessibility Website
IT'S ACCESSIBLE



Best Accessibility Education Provider Auckland
University of Technology



Best Accessibility Transport Provider Driving Miss
Daisy Mangere Bridge



Best Accessibility Retailer
The Warehouse Group



Best Accessibility Employer
Thumbs Up Charitable Trust



Best Accessibility Service Provider NextStep NZ



Best Social Inclusion
Sign Equity Ltd



Supreme accessibility winner Sign Equity Ltd

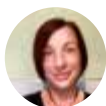
Welcome to three new Expert Advisers for 2020

Claire Winward, Professional Development Portfolio / Tūranga Whanaketanga

Sarah Spence, Expert Adviser in Complex Communication Needs – for children and young people aged 2–21 with a range of complex needs including communication, physical, learning, behaviour, sensory, hearing and vision.

Sarah has over 15 years of experience working as part of teams supporting children and young people with complex communication needs in mainstream and specialist school settings, both in New Zealand and the UK. She currently works at Kimi Ora Specialist School in Lower Hutt. You may remember her presentations at NZSTA symposiums in Christchurch and Dunedin.

Sarah is deeply invested in changing and improving the outcomes for all the amazing children and young people with complex communication needs, and sees the Expert Adviser role as an opportunity to further contribute in this area. She is looking forward to bringing her knowledge, passion and enthusiasm to the role and supporting SLTs around the country in the future.



You can contact Sarah at sarspen@gmail.com

Shannon Hennig, Expert Adviser in Autism and Neurodiversity – children and adults.

Shannon has over 15 years of experience working with people of all ages with ASD in New Zealand and the USA, including 3 years working as an outreach coordinator for Autism NZ. She currently works across the Wellington region as a private practitioner. She has presented at many conferences and recently co-authored a survey regarding the diagnostic experience in New Zealand.

Shannon keeps in regular contact with the international community working with people with ASD, and also maintains an active network of professional colleagues and friends who are neurodiverse, so will be able to call on a wide range of external skills and knowledge in her Expert Adviser role.



You can contact Shannon at shannon@inclusive-communication.co.nz

Alison Zani, Expert Adviser in Aphasia.

Alison has over 15 years of experience working in the area of aphasia rehabilitation and other neurogenic communication disorders in adults. She has worked in a variety of aphasia related roles in New Zealand and the UK, including setting up support groups with local networks including the Stroke Foundation. She currently works as a private practitioner based in Dunedin, covering contracts in Otago and Southland.

Alison is excited by the opportunities afforded by the Expert Adviser role and already has plans to develop a national Special Interest Group to provide a forum for SLTs across the country to keep up to date with current best practice and research.



You can contact Alison at aphasiaadviser@gmail.com



Te Reo o Te Kaumatua

Nā Rukingi Haupapa

Ngā mihi o te wā ki a tātou.



January was a good time to *hoki māhara*, to reflect on what we did last year and think about unfinished or new work for this year.

Out of the blue, Professor Katharina Naswall from School of Psychology, Speech and Hearing at Canterbury University invited me to support the orientation for their Speech Language Therapy students, in early February. Though having never having been a key note speaker before, I accepted and quickly contacted Katrina McGarr, who is our new Cultural Advisor. Katrina is a Canterbury University staff member as well as an active Māori SLT across many groups and organisations that I would/could be interested in. Least to say that Katrina kindly organised a full itinerary for me connected by kaupapa to our work.

Having time to meet with Katrina on day one about who we are, what we are passionate about, and maybe how we can work together was absolutely invaluable. As an old uncle used to remind me 'know me before you fix me'; know me before we do our work. That led on to a stream of networking and reconnecting.

Meeting staff at the orientation ready to dive into another year of teaching and supporting, and then seeing 150 excited and nervous students and families get ready to learn was simply amazing for me to be a part of. The rest of Christchurch

hui and connecting; I could go on and on about it. The main thing is that it was an opportunity and boy did we take it!! *Nareira he whakawhētai nui ki a Katrina mō tana atawhai me tana arahi.*

At the end of February the NZSTA board met in Wellington. The main work was reflecting, and then sharing *whakaaro* (thoughts) for the future. We also acknowledged outgoing board members and welcomed new ones.

Something I do know is that there will always be change. I fully endorse the thank you to members who stepped down because of completing the time on the board, or because 'life just got in the way'. At the end of the day, leading and representing your friends and colleagues can be tough and challenging. However, all I have seen is a committed team doing the best for all.

Ka hinga mai he tete kura, ka ara mai he tete kura. When a leader steps away from the position, there is always another to step up and take it. Best wishes to all.

Finally, wishes to all. *Kia mīharo tēnei tau, ko te tumanako ka whakatutukihia i ou hiahia* (May this year be fantastic, and all your hopes are realised). ●





POSTPONED UNTIL 2021

The NZSTA Conference 2020

Aoraki Iho Ake: Grounded – Aspiring – Connected

Reflecting on **Aoraki**, the most well-known maunga tupuna (ancestral mountain) of the Southern Alps, and on the imagery of **Iho Ake** 'from Earth to heaven and everything in between', this conference seeks to create a panoramic view of speech-language therapy in New Zealand 2020 and its local and global partnerships.

Opportunities abound for discussion, connection and new insights from both research and practice champions, and exhibitors. Talk with your colleagues and make a plan now to join us in Christchurch to contribute your experiences and draw inspiration from others. •

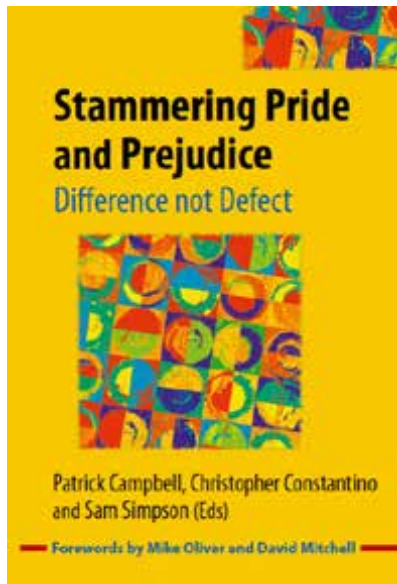
Please visit the website speechtherapy.org.nz/info-for-slts/nzsta-2020-conference for all conference information or email pam@prcc.com.au



Book review

What I have been reading Ngā tuhinga kua panui i ahau

Selena Donaldson, Speech-language therapist, The University of Auckland



Stammering Pride and Prejudice: Difference not Defect

Patrick Campbell, Christopher
Constantino and Sam Simpson (eds)

2019 J&R Press Ltd

At times challenging, this is an astute conversation about the social model of disability, and the relationship between SLT and people who stutter. With powerful art, poetry and opinion, this is a valuable read for the clinician who wants to partner with our clients and be part of society which embraces and celebrates diversity. ●

Who to follow Mā wai e whai?



See • Hear • Speak



Tune in here:

seehearspeakpodcast.com

See Hear Speak podcast

Sally Kedge, NZSTA Expert Advisor for Vulnerable Children and Youth, describes this podcast series as “fantastic!” Hosted by Dr. Tiffany Hogan of the Speech and Language (SAiL) Literacy Lab at MGH Institute of Health Professions, this is a rich resource of conversations with people who care about reading, language and speech in the developing child. ●

Increasing treatment efficacy in grammar intervention

Reviewed by Elizabeth Knowles, Speech-language therapist at START, Beyond Words, Speech Language Illustrated

Effective Grammar Intervention for Children with Developmental Language Disorder, by Dr Karen Lock Smith.

Hosted by Skill Builders, Speech Language Therapy.

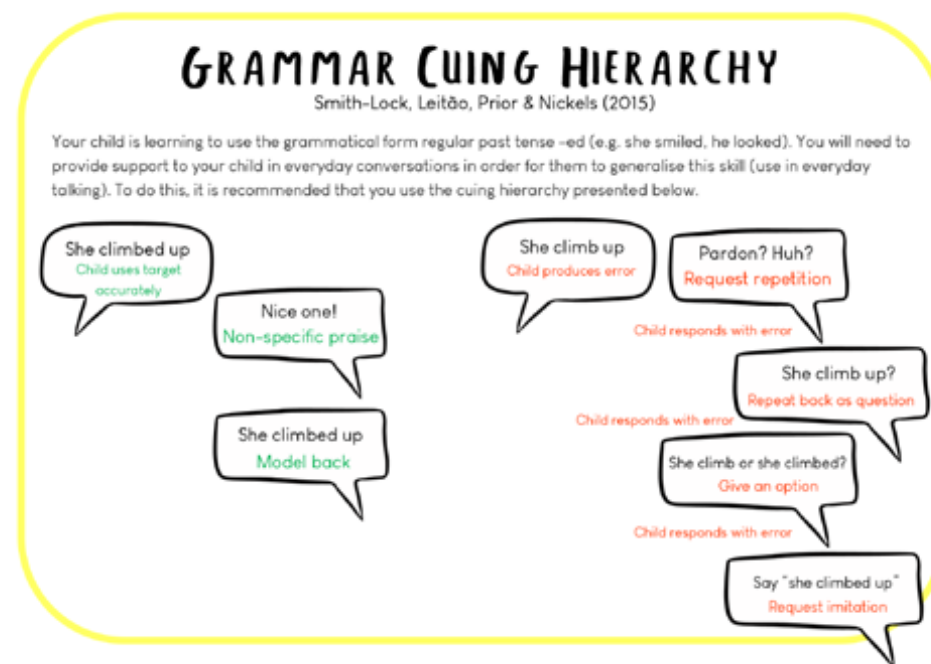
September 2019.

I attended this workshop to increase my treatment efficacy (especially for working on past tense). I felt like I wasn't getting the generalisation I wanted to see in my students. With this opportunity and by delving into extra reading (specifically on past tense -ed), my practice and confidence in this area has improved.

Here are some of my key learnings.

Telicity

Typically developing children tend to use regular -ed endings with 'easier' verbs, and move to more challenging forms. But what makes a verb 'easy'? Past tense verbs and verb phrases can be categorised by telicity: telic vs atelic. Telic verbs are complete in the past, that



Images credit: Speech Language Illustrated



“Complex codas which include consonant clusters are the next most difficult to master.”
 – Elizabeth



is, they have a clear ending. These are often easier for children to understand and produce (Owen Van Horne, & Green Fager, 2015). Owen Van Horne & Green Fager (2015) also outline framing verbs to increase perceived telicity.

Phonological complexity

Accuracy with regular past tense verbs is influenced by semantic context, but phonological complexity is also important when selecting target verbs. Syllabic allomorphs, such as 'waited', 'needed' are most challenging. This may be due to the low frequency of syllabic allomorphs, physical production issues of producing similar segments in succession (e.g. waited), and also the

fact that the final sound in the verb may also indicate to the child that the verb has already been inflected e.g. wanted, planted, painted. Surprisingly, the acoustic salience of syllabic morphemes does not appear to enhance the child's abilities in using these forms. I have noted this in my own practice recently with a child working on regular plurals and we needed extra work on these morphemes.

Complex codas which include consonant clusters are the next most difficult to master. Voicing of the clusters has also been shown to play a role in complexity, with voiceless clusters being less challenging (Tomas, Demuth, Smith-Lock, & Petocz, 2015).

A complexity approach for grammar?

Research conducted by Van Horne, Fey, and Curran (2017), indicates that starting with the more difficult verbs promotes greater outcomes in terms of generalisation – a “complexity approach” for grammar.

Cuing

A comparative study conducted by Smith-Lock, Leila, Prior and Nickels (2015) looked at the efficacy of a formal cuing hierarchy to recasting, and found that using a cuing hierarchy greatly increased treatment efficacy. ●

References available on request.

What is a Cochlear Implant Rehabilitationist?

Holly Teagle, Clinical Director of Audiology and Therapy

Ellen Giles, Cochlear Implant Rehabilitationist, Hearing House, New Zealand

“What is a Cochlear Implant Rehabilitationist?” asked our Wellington colleagues. So we asked Holly Teagle, Clinical Director of Audiology and Therapy, and Ellen Giles, Cochlear Implant Rehabilitationist, from Hearing House, New Zealand.

The work of the Cochlear Implant (CI) rehabilitationist (with adults) differs to the work of the CI habilitationist (with child and family).

Rehabilitation is for adults who previously had usable hearing. They are learning to use the electrical signal from the CI, relying on their foundational knowledge of acoustic hearing and speech to relearn listening skills. Therefore a CI rehabilitationist works on aided speech perception as most adults have a good knowledge and use of language already.

The rehabilitation with new CI recipients is an intensive 3 month programme focusing on auditory alone to help

build the adult’s listening ability and confidence in what they can hear.

The auditory training is based on Carhart’s principles (1961) with a hierarchical approach to development of sound awareness, progressing to differentiation of fine speech sounds.

The listening programme is live voice, with coaching with family or friends to continue the listening work at home (ideally 30 minutes daily) and/or web based training for self-practice.

We use a diverse range of listening tasks; analytic and synthetic tasks with speech and music (even singing!) if that is preferred for listening.

Rehabilitation is customised to the individual’s interests so that it is interesting and relevant to their hearing goals. Often telephone training is requested. Counselling may be ongoing to assist with expectations and communication skills.

While some children may have sudden onset or progressive losses, however most children we see are congenitally deaf and with little or no experience with sound. Habilitation means they are



Photo credit: The University of Auckland Audiology

starting with a blank slate and building skills in a normal developmental manner. If they are implanted very young, the trajectory of spoken language growth parallels that of hearing children (if no other medical or developmental delays). If they are implanted later and have to overcome a longer period of auditory deprivation, their habilitation follows more of a remedial model where they are making up for lost periods of critical development and may have gaps in language knowledge.

Auditory training starts with sound awareness, progressing to conversational speech in noisy backgrounds. Singing, parentese, reading and lots of repetition of the primary sounds in spoken English (learning to listen sounds) are key features of therapy in the early stages. Children learn syntax, semantics and pragmatics with normal developmental process if they have good access to sound (which the CI typically provides). •

If you have a ‘burning question’ which our members will find interesting, please email editor@speechtherapy.org.nz and we’ll see what we can do!

Standards of practice in Aotearoa

Anna Miles PhD, Professional Standards Portfolio / Tūranga Ūmanga

Achieving excellence and evidence-based practice: the role of New Zealand Standards of Practice.



As the current NZSTA Strategic Plan (2016–2020) comes to an end, it is useful to reflect on our achievements in our NZSTA Strategic Goal – To endorse evidence-based New Zealand-specific standards of practice across the scope of speech-language therapy.

We have come a long way in our NZSTA standards of practice in the last four years. These standards are written by members, endorsed by leaders and affiliated associations and for the use of members. NZSTA standards of practice are used daily by members to guide excellence and evidence-based clinical practice. They also play an important role in credibility and advocacy in our wider multidisciplinary teams and are regularly used to petition for service changes and business cases.

NZSTA standards of practice now have a place within our clinical decision-making alongside international scientific evidence, international standards, local governance, expertise of self and others (through supervision) (Figure). They offer a local perspective both in terms of culture and local governance/speech therapy services.

The current of NZSTA clinical standards of practice are listed in the table including the NZSTA members who have contributed to them. Over the last four years, members have chosen to prioritise areas of practice that are considered ‘higher risk’ or areas of practice where further advocacy and multidisciplinary teams awareness was needed.

This list does not represent the scope of speech-language therapy. Some gaps represent areas where strong local or Ministry standards of practice already exist. Where gaps currently exist that need to be filled, we would love to hear from you so we can prioritise these in 2020–2024.

If you have an area that you think would benefit from a NZSTA standard of practice, please contact us and we will help you to form a working group and support the working group through the process. •

Thank you again to all members who contribute. Without members, these would not exist.

NZSTA clinical standards of practice

Generic

Member contribution

Supervision

Philippa Friary	Maryanne O'Hare
Joe Roker	Tika Ormond
Clare McCann	Helen Rigby
Helen McLauchlan	

Leadership endorsement

MOE Leaders
MOH Leaders
NZSTA Board

New Graduate Framework

Lucy Greig	Kate Cook
Philippa Friary	Colette Maier
Brigid McNeil	<i>Consultation:</i>
Jodi White	Maryanne O'Hare
Cheryl Palmer	Claire Winward
Gwen Kerrison	Kelly Davis
Bianca Jackson	Emma Green

MOE Leaders
MOH Leaders
NZSTA Board

Return to Practice Framework

Lucy Greig	Brigid McNeil
Philippa Friary	Jodi White

MOE Leaders
MOH Leaders
NZSTA Board

Telehealth Best Practice Guideline

Philippa Friary
Kelly Bohot

NZSTA Board
AHANZ

Therapy assistants (*revision in progress*)

Yvonne Cope	Viviane Mulgrew
Deborah McKellar	Adele Siave
Sara Jodache	Alicia Smith
Catherine Coups	Linda MainsBarnett

NZSTA Board
NZSTA Leadership Summit (*representing all sectors*)

Extended scope

Member contribution

Tracheostomy management for adults & children

Lucy Greig	Turid Helier
Molly Kallesen	Sam Scott
Melissa Keesing	Katie Ward
Anna Miles	

Leadership endorsement

MOH Leaders
NZSTA Board
SPA

Flexible endoscopic evaluation of swallowing standards

Anna Miles	Alicia Smith
Mary McFarlane	Anthony Ting
Becca Hammond	Jess Clews
<i>Consultation:</i>	Brigid Fay
Melissa Keesing	Jodi White
Laura O Carrigan	Becca Ross

MOH Leaders
NZSTA Board

Endoscopy for SLTs standards (*in press*)

Anna Miles	<i>Consultation:</i>
Carlene Perris	Emily Jones
	Melissa Keesing

MOH Leaders
NZSTA Board

Neuromuscular Electrical Stimulation (NMES) Policy (*revision in progress*)

Maggie-Lee Huckabee
Gina Tillard

MOH Leaders
NZSTA Board

Surgical Voice Restoration Guideline (*in press*)

Cath Lawson	<i>Consultation:</i>
Carlene Perris	Anna Miles
Fiona Hewerdine	Renee Taylor
Esther Ong	
Lauren Hancock	
Alexandra Smedley	

MOH Leaders
NZSTA Board
RCSLT

Clinical speciality areas

Member contribution

Leadership endorsement

Videofluoroscopy Guideline for Adults & Children (revision in progress)

Anna Miles
Freya Davison
Lucy Grieg

Melissa Keesing
Gwen Kerrison
Sarah Perry

MOH Leaders
NZSTA Board
Australasian Board
of Radiologists

International Dysphagia Diet Standardisation (IDDSI)

Anna Miles
Teddie Mateo
Melinda Allen

MOH Leaders
NZSTA Board
Dietitians NZ

Paediatric Feeding Guideline

Kristi Exley
Billie Hampton
Edwards
Turid Helier
Bianca Jackson
Stephanie Johnston
Melissa Keesing
Jenni Lyons

Jane Musgrave
Maryanne O'Hare
Zsofia Olah
Caroline Setchell
Consultation:
Karen Brewer
Emily Jones

MOH Leaders
NZSTA Board

Laryngology Scope of Practice for Adults & Children (in press)

Anna Miles
Carlene Perris

Consultation:
Emily Jones
Melissa Keesing

MOH Leaders
NZSTA Board

Member contribution

Leadership endorsement

Cleft Palate Guideline (in progress)

Bryony Forde

*Contributors
unconfirmed*

NZSTA Leadership
Summit (representing
all sectors)
NZSTA Board

Risk Feeding Guideline for Adults

Anna Miles
Louise McHutchison

Consultation:
Philippa Friary
Tanya Watt
Wei-Yuen Wong

MOH Leaders
NZSTA Board
Hospice NZ

Risk Feeding Guideline for Adults

Anna Miles
Louise McHutchison

Consultation:
Philippa Friary
Tanya Watt
Wei-Yuen Wong

MOH Leaders
NZSTA Board
Hospice NZ
Spectrum Care Trust
SIG Nutrition
Gerontology,
Dietitians NZ

Risk Feeding Guideline for Children in Special School (in progress)

Anna Miles
Bianca Jackson

NZSTA Leadership
Summit (representing
all sectors)
NZSTA Board

Ministry of Justice Statement (in progress)

Sally Kedge
Anna Miles

NZSTA Board

Māori & cultural development

Tūranga kaupapa Māori

Katrina McGurr culturaldevelopment@speechtherapy.org.nz



Introducing
Katrina McGurr

*E koekoe te tūi, e ketekete te
kākā, e kūkū te kererū*

Ko Motu Pohue te maunga

Ko Te Ara a Kewa te moana

Ko Takitimu te waka

Ko Ngāi Tahu te iwi

Ko Awarua te hapū

Ko Te Rau Aroha taku marae

Ko Haumai (Te Kaiheraki) raua ko
Tamairaki Haumai ōku tūpuna

Nō Māwhera ahau, kei Ōtautahi
taku kāinga ināiane

Ko Aitken te ingoa o tōku whānau,
Ko Katrina McGarr ōku ingoa ināiane.

The tūi sings, the kākā chatters,
the kererū coos – the many birds
together create the chorus of the
forest. We are each different, yet
together create something beautiful.

Tēna koutou katoa,

I grew up on the West Coast and
moved to Christchurch in my early
teens where I have continued to call
Ōtautahi home. It is here I joined my
community to show resilience and
strength after the 2011 Earthquakes;
and compassion and aroha towards our
bicultural communities following the
terror attack on the Mosques last year.

I whakapapa to the beautiful marae,
Te Rau Aroha; named for the many
(hundred!) loves of the wāhine who lost
their husbands to Tangaroa [the sea].
My whakapapa tells the story of early
pākehā settlers being welcome to live
and work on the pā, of the migration
from our ancestral lands to urban NZ,
and a disconnect from te ao Māori. Ma
te rongo, ka mohio; ma te mohio, ka
marama; ma te marama, ka matau; ma
te matau, ka ora. From listening comes
knowledge, from knowledge comes
understanding, from understanding

comes wisdom, and from wisdom comes
well-being. It is my personal journey that
has led me to accept the call to stand in
for the Māori and Bicultural Portfolio on
the NZSTA. It is my hope that, although
still on my own journey that I can connect
with many of you to continue my own
learning as well as encourage others
who may be on their own journey.
Together, with those who have stood
before me and each with our own voices,
we will continue to sing in harmony to
grow and develop our profession. •



Celebrating communication accessibility

Shannon Hennig, NZSTA Communications

This past year we honoured 18 organisations or individuals with Communication Accessibility Awards.

NZSTA collaborated with the Office of Disability Issues, to develop these awards, celebrating those who embody principles of communication accessibility. The human right of communication depends on our collective effort to improve communication accessibility.

- **Attitudes** of others
- **Awareness and knowledge** of communication disability
- **Competency** at using accessible strategies (e.g., wait time, writing and sketching while talking)
- Adjusting how **information** is presented
- **Environment factors** including lightening and background noise

Congratulations to:

- **Aimee Taylor** for her outstanding communication access skills at Christchurch Hospital
- **Andrew Stubbs, Vanessa Hendry, Ness Ahkiong, Steve Nippert, & Wendy Wimsett** at Porirua School for their dedication and commitment to respecting all forms of student communication

- **Coffee Culture in Lincoln** for offering accessibility for people with aphasia
- **Dr Ciandra Keenan** for her excellent communication accessibility skills on display during patient care
- **Dr Meera Raithatha** for her ongoing commitment to communication accessibility in patient care.
- **Hannah Barnes** for organising blenders and accessible food for the Spectrum Care Ball
- **HOYTS Cinemas** for their sensory screening
- **Hutt Hospital Café** for ensuring that patrons with communication needs have time and respect
- **Jocelyn Faalavelave** for her dedication to ensuring that visual supports and communication supports are always on hand
- **Mike Dyer** for his work with his local communication group
- **NZ Police** for their text 111 initiative for those who find the phone difficult
- **Pataka Art & Museum** for their commitment to accommodate people with aphasia
- **Pukeahu National War Memorial Park (Dr. Emma Kelly, Paul Riley, Tim Hurd)** for their commitment to accommodate people with aphasia
- **Sian Van Dyk** at Dowse Art Museum for their commitment to accommodate people with aphasia
- **Station One Café** in Christchurch
- **Teacher Aides at Dargaville Primary School**
- **Youth Horizons Trust** for updating forms, communication procedures, and brochures to be more accessible
- **Zampelles Café – Queensgate Mall** for making it easy for people who use AAC to order food

Nominations for the 2020 Communication Accessibility Awards will open during our week of action (7–13 September), so start thinking about who you might nominate. Please share our self-audit checklist to help others reflect on how they can improve communication accessibility of their own workplace, school, or organisation.

We aspire to a society in Aotearoa New Zealand where everyone understands what communication accessibility is. Talking about it, celebrating it, and letting people know when they are getting it right will bring our vision to life! •

The self-audit checklist and the full list of 2019 award recipients can be viewed on our website [speechtherapy.org.nz/about-slt/giving-voice-2](https://www.speechtherapy.org.nz/about-slt/giving-voice-2)



Thriving with a stutter

New telehealth opportunity for working age adults in Aotearoa

Selena Donaldson, speech-language therapist and clinical educator, The University of Auckland

The University of Auckland (UOA) Masters of Speech-Language Therapy Practice (MSLT Prac) Clinics is expanding their 'telehealth' provision for adults who stutter, and would welcome enquiries and referrals from across Aotearoa.

Student clinicians can follow on from existing or previous therapy provision, or work with clients who are new to SLT. This clinic provides a platform for our students to gain entry level competence working with adults who stutter. There is no charge for this service, conducted via videoconferencing with our final year students, with supervision from the clinical educator.

Our service is strongly rooted in the social model of disability. Our vision is to help clients thrive in their working, social or academic lives, with a stutter. We use typically use behavioural

therapies such as avoidance reduction therapy, mindfulness and aspects of cognitive behavioural therapy. We can also teach techniques to assist clients to 'stutter more fluently', or to manage their communication in specific situations such as interviews, meetings or tutorials. To date, many of our clients have come from within the university community and we have also engaged with other tertiary education providers in the Auckland region to provide a service to their students. We have seen a number of international students, and for many this has been their first engagement with speech-language therapy.

MSLT Prac students and graduates tell us that this collaborative therapeutic dyad prepares them well for working life within a number of clinical specialisms. Equipping individuals to be experts and advocates for their own condition is an important skill for all populations we work with. We would love to be able to extend our student opportunities with adults who stutter, and embrace the opportunity which telehealth provides to reach this community outside of Auckland. ●



Please contact
s.donaldson@auckland.ac.nz
if you know any working age adults
who stutter who would be interested
in working with our students.

Members' queries and comments

Jodi White, Member networks / Tūranga whatunga mema portfolio holder, membernetworks@speechtherapy.org.nz



Thank you as always for your queries to the Board, through your area meetings. If you have any other queries for the Board, please let me know membernetworks@speechtherapy.org.nz or bring them up at your next area meeting.

CPD

Q: Is there any further information around the CPD auditing process. This is what is currently documented:

"Every year 10% of the NZSTA membership will be audited. They will be notified in April and will be required to submit their CPD Log for audit by 31st August of that year. Failure to do so will result in the member no longer being eligible to be a member of the NZSTA. This is a requirement of the New Zealand Accident Compensation Corporation, our Mutual Recognition Partners and most health, education and not for profit employers."

The FAQs re: CPD have some helpful information (speechtherapy.org.nz/wp-content/uploads/2013/09/CPD-FAQs1.pdf)

A: These are all valid concerns that have been raised in various formats over the past couple of years. Instead of addressing each question individually, we have determined that a full review of the CPD process is required. Claire Winward who holds the Professional Development Portfolio has formed a small group to review the CPD framework and update it so that it meets the needs of our members better. If you think you could contribute to this group, please contact Claire at professionaldevelopment@speechtherapy.org.nz.


We will also be looking to make contact with members who have raised specific concerns to see if they would like to be involved in this process. We want to ensure that members feel ownership of the CPD process and that it meets our needs.

Submissions/policies

Q: Could we be alerted when new policies added? Consider highlighting a particular policy each meeting, along with submissions.

A: New submission/policies are uploaded to the website as they are sent/released. We do endeavour to keep membership updated with these via the regular Board updates sent out via email and also through area meetings. Please let us know if there are other ways you would like us to highlight this work. Please contact Shannon Hennig in the Communications portfolio communications@speechtherapy.org.nz if you have any other suggestions. We are happy to post on social media (Twitter and Facebook) and encourage members to follow/like us on these platforms.

 @NZSTACOMMS

 New Zealand Speech-language Therapists' Association
(search for us and like the page to follow)



Area updates Kōrero a rohe

Te Tai Tokerau

- Caroline Bartholomew steps down as Te Tai Tokerau area representative, to move to the UK. Caroline would like to tautoko both Suanna Smith's and Denise Poole's team effort in welcoming the responsibility as the new Te Tai Tokerau area representatives. Kia kaha Suanna and Denise!

Caroline Bartholomew

Wellington/Nelson

The Wellington area started off the year with a fond farewell to Area Rep Shannon Hennig, now holding the Communications Portfolio. Shannon has left very big boots to fill, so two new Area Reps have jointly taken over this role; Polly Newton in Wairarapa and Emily King in Nelson. This will hopefully mean greater access for all our area members.

- Nelson Hospital is starting a Stroboscopy/voice clinic with ENT.
- Wellington Hospital have a telehealth pilot and LSVT-style therapy starting, combining SLT and PT.
- Wairarapa Hospital are delivering RMST; respiratory muscle strength training.
- MOE's language and literacy initiative OLLi is being implemented across the region by Emma Cook.
- Staff changes at TalkLink Trust and Kimi Ora School.

Polly Newton & Emily King

Otago/Southland

- Further excellent advocacy in the region for people with aphasia with Alison Zani running community support groups in both Gore and Dunedin. We are delighted with Alison's appointment as NZSTA Aphasia Expert Advisor.
- **SDHB:** Planning meetings are ongoing for Dunedin's new hospital. Some staff changes have occurred in Dunedin and Invercargill.
- **MOE:** Recent recruitment of new graduate SLT has been undertaken
- **Private Practice:** Rethink Children's Therapy has recently recruited a new SLTs to their expanding tea. Nicky Cooke of Rethink presented on difficult mealtimes as part of a seminar series in March.

Meryl Jones

Photo credit: Bryn Parish on Unsplash

32nd World Congress of the IALP

Aotea Centre, Auckland, New Zealand
14-18 August 2022



International Association of
Logopedics and Phoniatrics



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Please consider contributing content to **Communication Matters** about any aspect of our profession. Feel free to discuss with Selena Donaldson, Editor, any ideas you have.
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New Zealand
Speech-language
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Te Kāhui Kaiwhakatikatika Reo Kōrero o Aotearoa

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